



Wyoming
Youth Summit
2018
Empowering youth
to mobilize communities



Monday, July 30

- Participants Arrive/Conference Registration – 2 p.m. -- 4 p.m.
- Meeting for Presenters/Group Leaders/Support Staff (security, etc.) -- 4 p.m.
- Opening Ceremonies – 4:30 p.m.
 - Honor Guard/Posting of the Colors
 - Opening Proclamation
 - Youth Skit by Newcastle SADD -- to encourage participants to provide affirmation and support to one another, a required Code of Conduct at the Summit.
 - Presentation by Kindness Wyoming
- Dinner – 5:30 p.m. – 7 p.m. (sample menu included below)
- Opening General Session – 7 p.m.
 - Explanation of goals of #WYAMPLIFY, building a statewide peer-to-peer network with access to innovative social media outreach throughout the year to empower and equip students to share positive, uplifting messages with their peers and others.
 - Bootcamp on innovative use of social media by the *Casper Star Tribune*.
- Campfire
- Lights out by 11:30 p.m.

Tuesday

- Breakfast – 8 a.m. – 9 a.m. (sample menu included below)
- General Session – 9 a.m. – 10 a.m.
 - Start With Hello / Sandy Hook Promise
- Break – 10 a.m. – 10:15 a.m.
- Outdoor Activities – 10:15 a.m. – 11:15 a.m.
 - #WYAMPLIFY team building exercises, includes snacks/drinks
- Breakout Sessions – 11:15 a.m. – 12:15 p.m. (see below)
- Lunch – 12:15 p.m. – 1:30 p.m.
- Breakout Sessions – 1:30 p.m. – 2:20 p.m. (see below)
- Break – 2:20 p.m. -2:45 p.m.
- Outdoor Activities – 2:45 p.m. – 4 p.m.
 - #WYAMPLIFY team building exercises, includes snacks/drinks
- General Session – 4 p.m. – 5 p.m.
 - Text Less, Live More
- Dinner -- 5 p.m. – 6:30 p.m. – Dinner
- Group Activity – 7 p.m. –?
 - Think Fast Game Show – an interactive game show focusing on underage drinking
- Lights out by 11:30 p.m.



Wyoming
Youth Summit
2018
Empowering youth
to mobilize communities



Wednesday

- Breakfast – 8 a.m. – 9 a.m.
- General Session -- 9:00 a.m. – 10 a.m.
 - Impaired driving speaker – to be announced
- Break – 10 a.m. – 10:15 a.m.
- Outdoor Activities – 10:15 a.m. – 11:15 a.m.
 - #WYAMPLIFY team building exercises, includes snacks/drinks
- Breakout Sessions – 11:15 a.m. – 12:15 p.m. (see below)
- Lunch – 12:15 p.m. – 1:30 p.m.
- Breakout Sessions - 1:30 – 2:30 p.m.
- Break – 2:30 p.m. – 2:45 p.m.
- Outdoor Activities – 2:45 p.m. – 3:45 p.m.
 - #WYAMPLIFY team building exercises, includes snacks/drinks
- General Session – 3:45 p.m. – 5 p.m.
 - Making a Plan: WYSAC and SADD, understanding the science of prevention and empowering youth to mobilize communities around prevention.
- Free Time - 5:00 pm – 6:00 pm
- Dinner and Awards Celebration – 6 p.m. – 7:30 p.m.
- Break – 7:30 p.m.– 8 p.m.
- Campfire with “Story Teller and Song Teller,” David Munsick – 8 p.m. – 10:30 p.m.
- Lights out by 11:30 p.m.

Thursday –

- Breakfast – 8 a.m. – 9 a.m.
- General Session – 9 a.m. 10:30 a.m.
 - Youth Coalitions in Action
- Cabin Cleaning and Sack Lunch
- See you next year!
- Students picked up – 11 a.m. - Noon

Breakout Sessions:

- **Traffic Safety**
 - Impact Teen Driver – Students Against Destructive Decisions (SADD)
 - Driving Impaired Simulator – Wyoming Highway Patrol/SADD
- **Drugs and Alcohol**
 - Get informed about marijuana – Wyoming Association of Sheriffs and Chiefs of Police
 - Taking Down Tobacco/Vaping - Campaign for Tobacco Free Kids



Wyoming
Youth Summit
2018
Empowering youth
to mobilize communities



- **Wellness**
 - Mind Up – Dealing with Stress - SADD
 - Sandy Hook Promise focus on adult empowerment – Sandy Hook Promise
 - Suicide Awareness Prevention Team – Youth Empowerment Council (YEC)

#WYAMPLIFY Activities

- Kickball
- Volleyball/Jumbo Ball
- Tug-Of-War
- Horse shoes
- Song Writing
- Art
- Photography
- Basketball
- Soccer
- Volunteer Project
- Hiking
- Flag Football/Tag
- And more!



Wyoming
Youth Summit
2018
Empowering youth
to mobilize communities



Sample Menu for Wyoming Youth Conference			
Meal Drinks: Lemonade or Kool-Aid Ice water Tea	Pancakes Sausage links Eggs Cold cereal Fruit Milk, juice and coffee	Breakfast Casserole (ham, cheese, hash browns, eggs) Cold Cereal Fruit Milk, juice and coffee	Cinnamon rolls (big), frosted and caramel rolls both. Cold cereal Fruit Milk, juice, coffee
	Snack	Snack	Snack
	Sloppy joes Chips Baked beans Coleslaw or Pasta Salad Watermelon	Super Nachos or Taco Salad (chips, taco meat, cheddar cheese, lettuce, tomato, onion, salsa, sour cream, jalapenos) Cake	Ham or Turkey sandwich (not processed meat, REAL meat) (lettuce, cheese, tomatoes, onion, etc.) Chips Watermelon Cookies
Snack	Snack	Snack	
BBQ Chicken (5-6 oz breasts) Potato Salad Carrots & Celery w/ranch Fruit salad Cotton Candy ice cream (8oz)	Pork Roast Roasted ranch potatoes Green beans Jello Pears Brownies	Spaghetti Tossed Salad/ranch Garlic bread Pears Brownie-Smore ice cream	Snack list ideas Rice Krispie Treats Cheese Nachos Big Cookies Watermelon Popcorn Granola Bars RB Floats Etc.

Thank you! We look forward to seeing you at the 2019 Wyoming Youth Summit – location to be announced.